

GUIDE TO FIRST AID OUTREACH AND DAY SHELTERS

LILLE URBAN DISTRICT - LILLE CENTRAL ZONE



MONDAY TO FRIDAY



Warm place to eat from 6 p.m. to 7h30 p.m. - Closed from 25th July to 15th September

217 Rue des Postes, Lille

Medical and nursing care by L'Ordre de Malte and MSL every other Wednesday

Distributions from 7 p.m. to 11 p.m. : Around Lille (Loos, Haubourdin, Faches, ...) and in city center - Distribution : soups, coffees, sandwiches, hygiene products, duvets and blankets.

MONDAY



10:30 a.m. - 12:15 p.m.

République - Beaux Arts
Food distribution, listening, support and collaboration with the Secours Populaire reception center (Lille Fives)



6:30 p.m. - 9 p.m. :

Town Hall - City Center
Food distribution



5 p.m. - 6:30 p.m.

Lille City Center, Wazemmes, Vieux Lille :
Social outreach and distribution of the aid guide called "Le Carillon"



7 p.m. - 9 p.m.

Lille City Center,
Food distribution

TUESDAY



8 p.m. - 11 p.m.

Lille city center
Distribution : food, hygiene products, blankets, duvets and pet food

WEDNESDAY



10:30 a.m. - 12 a.m.

Lille Fives
Social outreach and distribution of the aid guide called "Le Carillon"



10:30 a.m. - 12:15 p.m.

Lille Flandres Train Station
Food distribution, listening, support and collaboration with the Secours Populaire reception center (Lille Fives)

THURSDAY



4 p.m. - 5:30 p.m.

St Sauveur Church (park)
Distribution : food, hygiene products, clothes and advices



6:30 p.m. - 8:30 p.m.

Lille City Center, Wazemmes
Food distribution



8 p.m. - 11 p.m.

Lille city center
Distribution : food, hygiene products, blankets, duvets and pet food

FRIDAY



10:30 a.m. - 12:15 p.m.

République - Beaux Arts
Food distribution, listening, support and collaboration with the Secours Populaire reception center (Lille Fives)



5 p.m. - 9 p.m.

Medical outreach : medical consultation, nursing care, distribution of hygiene products and hot drinks



6:30 p.m. - 9:30 p.m.

Rihour, Train Stations
Food distribution



From 7 p.m.

Roubaix - Galon d'Eau, Quai de Lorient
Food distribution



Every other friday, from 7 p.m. to 9 p.m. (odd weeks)

Rihour, République, Train Station
Distribution : food, drinks, clothes, hygiene products, blankets, duvets, tents, support and advices, nursing care



8 p.m. - 10:45 p.m.

City center, Tanneurs, Train Stations, Sebastopol :
Distribution : sandwiches, hot drinks, water, clothes, hygiene products, winter kits, support



8:30 p.m. - 1 a.m.

Rihour, République, Train Stations
Distribution : hot drinks, food, clothes, blankets, duvets and tents (upon request)

SATURDAY



9 a.m. - 12 p.m.

Rue de Fleurus, Train Station, Prefecture, Wazemmes
Social outreach



Every other saturday, from 9 a.m. to 11 a.m. (on even weeks)

Rihour, République, Train Station
Distribution : food, drinks, clothes, hygiene products, blankets, duvets, tents, pet food, support and advices

SUNDAY



2 p.m. - 6:30 p.m.

République, Solférino, City center, Town Hall, Wazemmes
Distribution : hygiene products, hot and cold drinks, snacks, support and advices, phone battery recharging



4 p.m. - 5:30 p.m.

St Sauveur Church (park)
Distribution : food, hygiene products, support and advices



Every last sunday of the month, from 5 p.m. to 7 p.m.

Rihour, République, Train Stations
Distribution : food, drinks, clothes, hygiene products, blankets, duvets and tents, support and advices, nursing care

AND ALSO



"Les Gamelles pleines" : Every other Wednesday (on even weeks) - Rihour, rue du Molinel and train stations.
Distribution : pet food and equipments



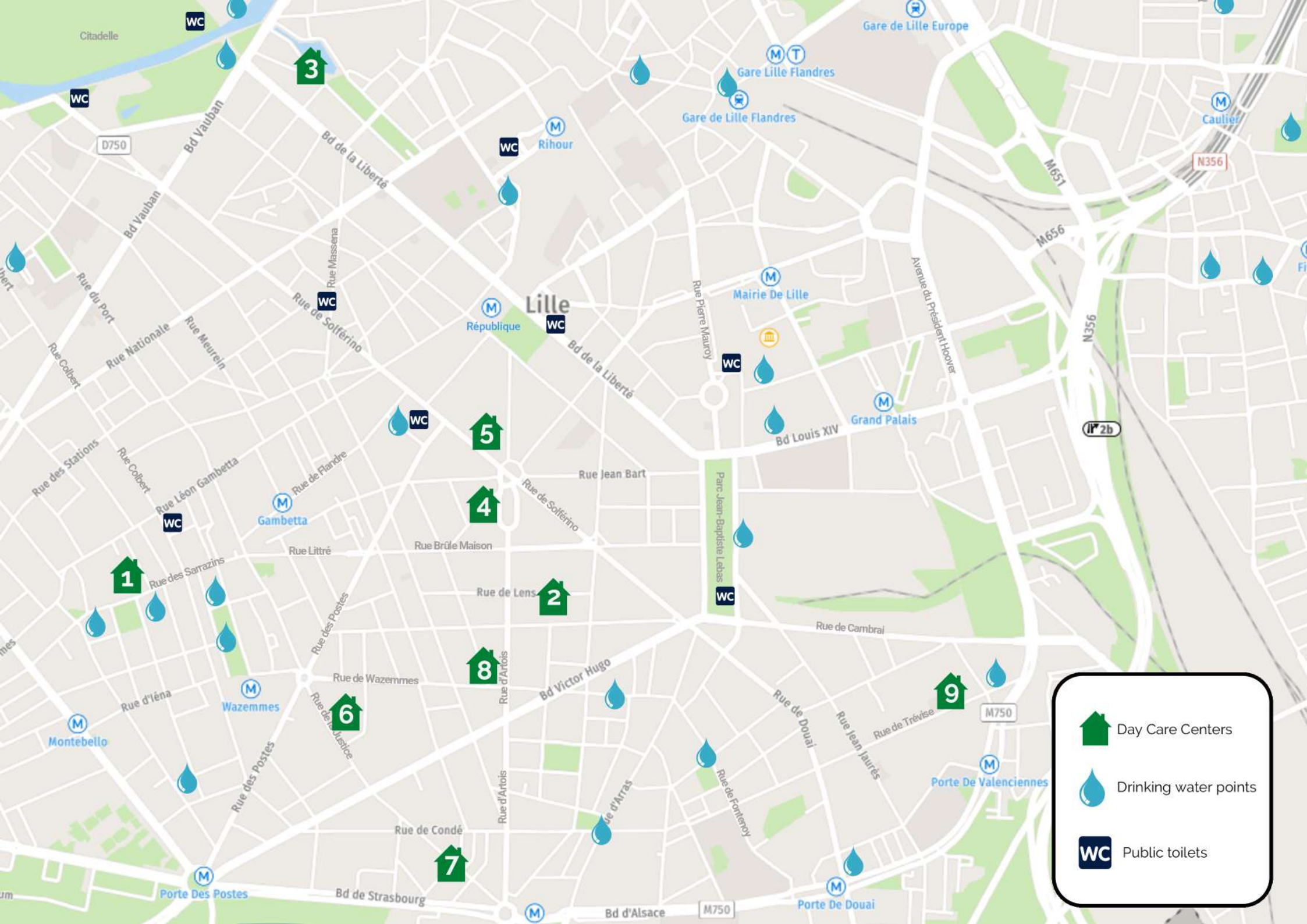
Personnal interview to evaluate health needs (women only), by appointment : 25 rue Degland- Lille
Distribution of hygiene products on Mondays from 2 p.m. to 4 p.m. in Wazemmes, City Center and Train Stations
To call for an appointment : **06.58.12.22.88**



Personnal interview to evaluate health needs (women only), on Tuesdays from 10 a.m. to 5 p.m. at 6 Rue Jeanne d'Arc (Lille)
Distribution of hygiene products and clothes in Lille.
To call for an appointment : **07.45.28.78.45**



Distribution of clothes once a week and per request.
Appointments by the Facebook page or by phone : **06.81.22.52.44**



DAY CARE CENTERS LOCATED IN THE CENTER OF LILLE



1

Magdala, 31 rue des Sarrazins (M) Wazemmes
Monday to Friday: 9 a.m. - 11:45 a.m. and Friday: 2 p.m. - 4 p.m.



2

Ozanam, 81 rue Barthélémy Delespaul (M) Wazemmes
Monday to Friday: 8:45 a.m. - 11:30 a.m. and 1:45 p.m. - 4 p.m.
Saturday 8:45 a.m. - 2:30 p.m.



3

Eole, 8 rue de Tenremonde (M) Rihour
Monday to Friday: 7:30 a.m. - 12:30 p.m. and 1:30 p.m. - 5 p.m.
(closing at 2 p.m. on Thursday). Saturday and Sunday: 8:30 a.m. - 12:30 p.m. and 1:30 p.m. - 5 p.m. - First reception in the morning.



4

ABEJ, Point de repère, 22 parvis St Michel (M) République
Monday to Friday: 9 a.m. - 12 p.m. and 1 p.m. - 4 p.m.
(closed on Wednesdays).



5

ABEJ, 228 rue Solférino (M) République
Monday to Friday: 8 a.m. - 6 p.m.
(except Tuesday morning), Sunday 8 a.m. - 12 p.m.



6

AIDA, 60 rue de la Justice, (M) Wazemmes
Monday, Tuesday, Thursday: 8:30 a.m. - 12 p.m. and 2 p.m. - 5 p.m.
Wednesday, Friday: 8:30 a.m. - 12 p.m. / 2 p.m. - 4 p.m.



7

Ile de solidarité, 50 boulevard de Strasbourg (M) Porte d'Arras
Monday to Friday: 8:30 a.m. - 12 p.m.

WIFI
PHONE BATTERY RECHARGE
GAMES AND SOCIAL ACTIVITIES



8

Rosa, 94 rue de Wazemmes (M) Wazemmes
Monday: 9 a.m. - 5 p.m., Tuesday: 1 p.m. - 8 p.m.,
Wednesday: 9 a.m. - 5 p.m., Thursday: 9 a.m. - 7 p.m.,
Friday: 9 a.m. - 5 p.m.



9

Croix-Rouge, 10-12 place Guy de Dampierre Lille
Monday: 10 a.m. - 12 p.m./2 p.m. - 5 p.m., Tuesday, Wednesday,
Thursday: 9 a.m. - 12 p.m./2-5 p.m., Friday: 9 a.m. - 12 p.m.
Closed from 29th July to 19th August



(M) Porte de Valenciennes

ADVICES ON RIGHTS AND LISTENING

CIDFF



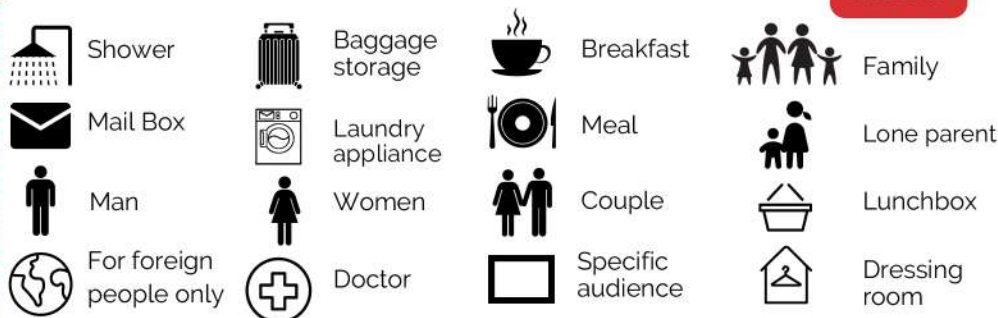
Women and Family Rights Information Center.
231 Rue Nationale, Lille. Monday to Friday: 9 a.m. - 12:30 p.m. and 1:30 p.m. - 5 p.m.
Phone: 03 20 70 22 18.



J'en Suis J'y Reste

Lesbian Gay Bi Trans Queer Intersex and Feminist Center (LGBTQIF) of Lille
19 Rue de Condé, 59000 Lille. Thursday: 4 p.m. - 10 p.m.
Phone: 03 20 52 28 68

LEGEND



PRACTICAL INFORMATION



For inquiries or accommodation requests, please call 115.



MSL, 112 chemin des Postes in Loos (People without health insurance)



Secours Populaire, 20 rue Cabanis in Lille (by appointment : call 03 20 71 48 72)



Croix Rouge, 10-12 place Guy de Dampierre Lille Monday: 10 a.m. - 12 p.m./2 p.m. - 5 p.m., Tuesday, Wednesday, Thursday: 9 a.m. - 12 p.m./2-5 p.m., Friday: 9 a.m. - 12 p.m



SAMU Social - Call 115



SIAO : Requests for housing and accomodation



"Happy Vet" : Solidary veterinarian 07 71 73 75 15

INFORMATION ON ASYLUM APPLICATIONS AND EXILE



To seek asylum, please initiate contact by call to schedule an appointment :
03 28 55 12 35, available Monday to Friday from 9 a.m. to 12 p.m.
1 allée du Chargement, Villeneuve d'Ascq.



Office Français de l'Immigration et de l'Intégration
107 Boulevard de la Liberté, Lille
Monday to Friday - From 9 a.m. to 12 p.m.



Support of exiled minors - Phone : 06.26.30.95.21
Distribution : clothes, hygiene products and equipment



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Do not litter on the public road.

